

PROJECT PROPOSAL
FOR
DOOR OF HOPE - HOME FOR THE AGED



[DEVELOPMENT FORUM](#)

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PROJECT OBJECTIVES:

1. To address the needs of aged men and women through a care home by meeting their most immediate needs such as shelter, food, clothing, health care and rights.
2. To provide a happy ageing to all the inmates in the home.

PROJECT RATIONALE

In the changing socio-economic situation, the problems of the aged and the infirm are becoming more complex today. In India, the aged population constitutes about 6.5% of total population. A large portion of aged is living in the villages where the poverty is wide spread. The young people seeking employment outside the villages tend to leave the elderly persons unattended in the villages. The elderly are left in isolation and loneliness. They develop a feeling of guilt and inferiority due to dependence and dejection. Women suffer more when the husband dies and she is left to suffer the agonies of widowhood, abuse and every type of ill treatment.

Elderly women are more isolated in the family and have more adjustment problems in terms of interpersonal relationships compare to their male counterparts. They are vulnerable to injustice, exploitation and discrimination. Religious and social stigma attached to widowhood increases the sufferings of elderly women.

Health wise, women have a complex phase of old age due to hormonal changes caused by menopause. Poor nutrition, in-adequate intake of essential vitamins causes many ailments that affect poor elderly. It is therefore necessary to make the aged live in dignity and peace and to make the aged women life vital, meaningful and enjoyable.

Institutional Care

An important need of the old age is to get "Care" to meet the social-economic and psychological needs of the elderly women, there should be a provision for satisfactory accommodation, enough food, and support during illness and certain facilities that maintain human dignity.



[DEVELOPMENT FORUM](#) has decided to give institutional care to 30 poor aged who are pensioners and can able to pay for their need.

Project Area

Ankola Taluk in Uttar Kannada Dist. Of Karnataka state comprises of 85 villages having a population of about 1 Lakh. Our recent survey in the village found that about 70% of the people are Dalits and downtrodden. The new generation youths looking for employee prospects migrate to the nearby cities and towns. As explained earlier they leave their old parents in the village itself. About 28% of the population is the elder people. We intend to choose 30 abandoned aged women from these villages.

Targeted Groups

Selected aged men and women of Ankola region who are aged above 60 years and above.

PROPOSED ACTIVITIES & IMPLEMENTATION

1. To provide 3 square meals a day to all the 30 inmates.
2. To provide adequate medical care.
3. To input spirituality.
4. To provide rehabilitation aids and appliances to the needy.
5. To organize pilgrimages, picnics to meet the spiritual and recreational needs of the elderly.
6. To provide counseling and guidance.

PROJECT MONITORING & REPORTING

[DEVELOPMENT FORUM](#) would monitor all the care activities by its staff and document the progress and activities in a report to assess the performance and experiences.



OUT COME OF THE PROJECT

1. Independence will be assured to all the 30 aged Inmates
2. Participation of all the 30 aged will be assured
3. Care fulfillment of 30 aged inmates will be ensured
4. Dignity of all the 30 aged will be addressed through this project

BUDGET: Yearly Budget for maintaining the "Home for the Aged" 2009 to 2012

A. Non-recurring

S.No.	Particulars	In Rupees
1	Cot (Steel) Rs.2500cots x 30 persons	75,000
2	Cotton Bed Rs.1500 x 30 Persons	45,000
3	Bed Sheets, Pillows/Set Rs.250 x 30 persons	7,500
4	Furniture: Easy Chairs Rs.300 x 30 persons	9,000
5	Stools Rs.200 x 30 persons	6,000
6	Utensils for cooking	65,000
	Total	2,07,500

B. Recurring

S.No	Particulars	In Rupees
1	Project Manager Rs. 10000 x 12 months	1,20,000
2	Warden Rs. 6000 x 12 months	72,000
3	Salary for the cook Rs.4000 x 12 months	48,000



4	Salary for the attendants Rs.2500 x 2 persons x 12 months	60,000
5	Meals (3 times a day) Rs.100 x 30 days x 30 persons x 12 months	10,80,000
6	Honorarium to part time Doctor Rs.5000 x 12 months	60,000
7	Nurse (Full-time) Rs.4000 x 12 months	48,000
8	Refreshment (Tea & Snacks) Rs.15 x 30 days x 30 persons x 12 months	1,62,000
9	Medicines Rs.200 x 30 persons x 12 months	72,000
10	Sanitary materials Rs.100 x 30 person x 12 months	30,000
11	Cloths (2sets) Rs.1000 x 30 persons	30,000
12	Books & Periodicals	3,000
13	Rent for the building Rs.10000 x 12 months	1,20,000
14	Travelling Rs.2000 x 12 months	24,000
15	Postal Rs.500 x 12 months	6,000
16	Printing Rs.1000 x 12 months	12,000
17	Telephone Rs.2000 x 12 months	24,000
18	Electricity Rs.2500 x 12 months	30,000
	Total	20,01,000



Grant Required:

	In Rupees
A. Non Recurring	2,07,500
B. Recurring	20,01,000
Total	22,08,500

The amount required for the I year (Recurring + Non Recurring)	22,08,500
The amount required for the II year (Recurring only)	20,01,000
The amount required for the III year (Recurring only)	20,01,000
TOTAL	62,10,500

The grant is required for the first 3 years only. The project will be made sustainable with the help of local contribution and income generating projects, after three years.

FUTURE PLANS

1. To make the project sustainable and to be self-sufficient we propose to do the following future plans.
2. To construct a permanent home (building) for the aged women at a cost of Rs.60.00 lakhs.
3. To construct an irrigation well with pump room for irrigation utilizing the land available at a cost of 9.00 lakhs.
4. To provide fencing and compound wall for the building and land at a cost of Rs.5.85 lakhs.
5. To establish a diary farm for raising the regular income at present a farm house at a cost of Rs.7.00 lakhs.